

Physical Education

Year group: 5/6

Term: Cycle A Spring 2

Prior knowledge

Pupils will have skills to communicate and lead others to overcome challenges. Pupils will be able to collaborate with others and work as a team to complete the challenges.

National Curriculum Objectives

- Take part in outdoor and adventurous activity challenges both individually and within a team.



Topic overview Problem Solving



The unit of work will consolidate pupil's ability to apply effective teamwork through different problem-solving challenges. Throughout the unit, there will be a focus on pupils' ability to lead others, applying skills essential to working within a team as well as create, evaluate and adapt tactics.

By the end of this unit, I will be able to:

Physical - Pupils will apply a refined understanding of passing and moving to score points against another team.

Cognitive - Pupils will be able to think tactically and create, evaluate and refine tactics for completing the challenges.

Social - Pupils will apply advanced communication skills, taking the lead to ensure everyone in their team understands their role and the tactics to be executed.

Wellbeing - Pupils will constantly apply life skills such as integrity and self-motivation by playing by the rules and leading others by example.

Key vocabulary

- Cooperation
- Responsibility,
- Communication
- Motivation
- Tactical thinking
- Ideas